



NOURISHING OTHERS

This weeks recipe by: HAYLEY O'DONOVAN

- DIRECTIONS**
1. Please print this document onto a very thick paper stock.
 2. Cut out the card below along the dotted lines.

TIME FOR TEA

Scrumptious Scones by Hayley O'Donovan

Scrumptious scones that are quick and easy to prepare when a friend is popping by for tea. Best served hot out the oven with strawberry jam & cream.

- No. **1** With your hands rub the; {Flour, Baking Powder, Salt & Margarine} together.
- No. **2** Add the {Milk} slowly & cut it in with a knife. Avoid unnecessary kneading, handling & mixing.
- No. **3** Prepare a muffin tray by spraying it with olive oil or "Spray & Cook". Spoon the scone mixture into each hole to just over halfway.
- No. **4** Bake in a preheated oven for 10-15 minutes at 220°C. Remove the tray from the oven when the scones are golden on top.

SHOPPING LIST

(QTY)	(INGREDIENT)
2 cups	FLOUR
4 tsp	BAKING POWDER
1 pinch	SALT
4 Tbsp	MARGARINE
1 cup	MILK



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